



Community

#SupportDG 

EDITION 10
Friday 8 May 2020



Kirkcudbright Beach Huts have had a makeover.

www.dumgal.gov.uk/supportdg

Tel 030 33 33 3000



Dumfries
& Galloway





Today is a very special Bank Holiday Friday to celebrate seventy-five years since the end of the Second World War in Europe.

On 8 May 1945, the then Prime Minister, Sir Winston Churchill broadcast to the nation with the poignant words of “we may allow ourselves a brief period of rejoicing, but let us not forget for a moment the toils and efforts that lie ahead”, in recognition of the years it would take to rebuild a nation that had experienced six years of war that had cost millions of lives, had destroyed homes, families, towns and cities, and had brought huge suffering to the populations of entire countries.

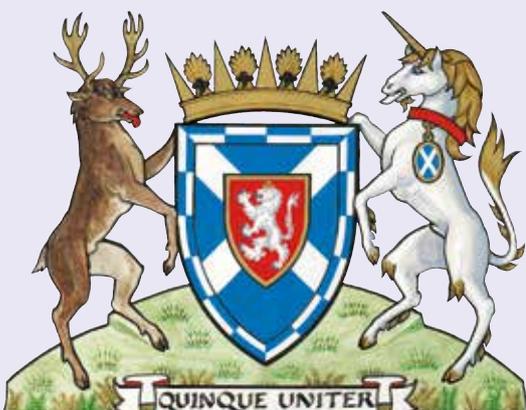
This pandemic has meant that plans for a three-day international celebration have been significantly scaled-back – but please do take the time to pay tribute to the service and sacrifice of the entire Second World War

generation, from British, the Commonwealth and Allied Forces, to those who served on the home front.

At 11am, we’re encouraging people across all generations and communities to take part in a national moment of Remembrance and pause for a Two Minute Silence to honour the service and sacrifice of so many.

Join the nation at 3pm to raise a toast the heroes that gave so much, and again at 9pm when the Queen will address the nation. And throughout the weekend enjoy with your stay and home parties, where we know many of you will have picnics in your gardens and on your balconies.

Lest we forget.



Cllr Elaine Murray
Council Leader



Cllr Rob Davidson
Depute Leader



On this special day, please take time to remember those that made the ultimate sacrifice, those that returned home, and all who fought on the home front, and importantly, thank the veterans alive today for what they did for us.

Cllr Archie Dryburgh
Armed Forces Champion



Hand Cream For Health Teams

We're all being encouraged to wash our hands regularly, for at least 20 seconds, using soap and water. But carers and NHS workers need to wash their hands even more often to reduce cross-contamination, and all this cleaning can lead to dry, sore hands.

Suzy Rook of Castle Douglas has found a practical way of giving a little comfort to carers. As a children and families social worker herself, Suzy knows first-hand how this crisis is impacting us all, and so she's fundraising to supply hand cream for all carers and NHS staff in the region.

Suzy said, "I'm asking people to lend me a hand, £1 or anything you can afford. I've got details for various wards in the Royal Infirmary and Mountainhall Treatment Centre in Dumfries, as well as community medical centres and our carers".

The six boxes of hand cream Suzy has bought so far will cover nearly all the neonatal ward at DGRI, and she's already delivered supplies to Stewartry Care and Castle Douglas Hospital. The hospital's Christine Gault was delighted. "A huge thank you to Suzy for handing in some lovely hand creams for the staff at Castle Douglas hospital! Very much appreciated."

Suzy has another ten boxes in her next order. The hand creams cost £11 for three, which provides for three people. If you'd like to help provide soft hands for kind hearts, to donate or learn more, contact Suzy at suzyhex@sky.com.

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A thank you from Her Majesty's Lord-Lieutenants

Dumfries and Galloway's three Lord-Lieutenants are sending their support and thanks to our region's incredible frontline staff and volunteers.

The Lord-Lieutenants are the Queen's personal representatives. Fiona Armstrong of Dumfries, Patsy Gilroy of the Stewartry of Kirkcudbright, and Aileen Brewis of Wigtown said, "We've been really impressed by the way our communities have come together. There are so many to thank: our wonderful NHS staff, the emergency services, our shop workers, our refuse collectors, teachers, postmen, our council, delivery workers... the list goes on. You are all keeping us going at this difficult time. Then there are our volunteers. What a difference you are making!"

"On behalf of Her Majesty, can we say thank you for everything you are doing. Meanwhile, if you are separated from family and friends, stay safe – and remember, as Her Majesty says, **we will meet again...**"



Images: Fiona Armstrong, Patsy Gilroy, Aileen Brewis



Wash Your Hands Regularly with Soap and Water for 20 Seconds

Communities responding to COVID-19

Amazing Annie

They say many hands make light work – but one pair of hands can make a huge difference, all on their own. And these amazing hands belong to 86-year-old Annie Campbell, of Dumfries. Industrious Annie has been out tidying the pathway in her local area around the Caledonian Cycleway at Bloomfield with a brush and shovel – and raising money for the Scottish Ambulance Service in the process.



Annie, through her hard work and great community spirit, has managed to raise the incredible sum of £322.17 in donations, with the Scottish Ambulance Service recording their gratitude: *“A very big thanks to Annie from the Ambulance Service for her fantastic efforts!”*

Friends and neighbours in the local community have been grateful for her hard work too. Emma Watson said, *“I walk this way every day and I am super impressed by Annie. It looks so much better now.”*



Annie has put a thank you up on her fence for everyone who donated to her during her big clean up. The note reads: *“A big*

thank you to all you lovely people walking and biking on the cycling path who put money into my bucket for the Ambulance Services.’

And an ever bigger thanks, to one amazing Annie.



WORLD FAIR TRADE DAY

Saturday 9 May 2020

#FairTradeSolidarity

The Fair Trade world is suffering. Trade has halted, shops are closed and livelihoods are threatened. The pain is large but their will is bigger.

As Fair Trade Enterprises struggle to get through this crisis, they need your support. Stand together to get Fair Trade back on its feet, so we can continue our journey to #PlanetFairTrade.

This World Fair Trade Day is about perseverance and solidarity.

To get involved visit:

www.wfto.com/fairtradeday2020/

Planet Fair Trade Schools Competition

School pupils in Scotland are being invited to enter a competition for a chance to win Fair Trade prizes and have your posters and videos shared around the world. Simply create a poster or video based on the Planet Fair Trade theme of this year's World Fair Trade Day and submit before 31 May.

To find out more visit:

www.scottishfairtradeforum.org.uk

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Lochmaben Comes Together

So many communities are rising to the challenge of coming together to look after local needs, as we adjust to a new



Image © Richard Webb - geograph.org.uk/pi/4691840

'normal'. Lochmaben Community Council have been working closely with the local Coronavirus help group, to provide up-to-date, accurate information from the Council and the Scottish Government, along with news information to the community in and around Lochmaben

Since teaming up, the group has printed and delivered 1,200 information leaflets, and created a dedicated Facebook page, linking with the Lochmaben Initiative. They've also worked with Initiative group members to reach residents who can't access information online. Around 200 mainly elderly people have been contacted by phone, with support offered if required. To keep residents connected, the group have set up two help lines, operated by local volunteers.

You can call them on 07460 596158 or 07598 999097.

Young people have been busy too, with schoolchildren writing letters to people who are on their own. And there's been support for businesses, with the group donating money to local firms and charities providing food and delivery services. The group have even found time to plan some low key VE Day Anniversary celebrations – complying with social distancing of course. It's another great example of communities staying in touch and staying safe.

You can contact Lochmaben Coronavirus Help Group and Lochmaben and District Community Council on the phonelines or through Facebook.

For the Love of Scrubs

A member of Stranraer RNLI Inshore Lifeboat Crew, Hannah Logan is no stranger to volunteering. She's a keen crafter too. So, she's combined her skills and interests for the greater good – and started a production line for medical scrubs!

Early in the pandemic crisis, Hannah came across a Facebook group called 'For the love of scrubs', which gave her the idea to start making scrubs to help our health staff here. As a Scottish sub-group formed, things took off on a huge scale, with regional co-ordinators being appointed. Dumfries and Galloway co-ordinator is Doreen Johnston, while Hannah was asked to be the Stranraer co-ordinator. Since her appointment, Hannah has been gathering a team of volunteer machinists, so take a bow Joy Hadley, Jan McGhie, Marie McIntyre, Tina McColm, Alison McKeen, Lynn Logan, Margaret Nevins, Audrey Douglas and Anna Vedat!

Hannah explains, *"We're making scrubs, scrub bags for the uniforms, pyjamas for patients and knitted and crocheted hearts for the NHS, care homes and such like. I'm very proud of my team, and I've been bowled over with the generosity of people in the town. When we put a plea out for donations of fabric and pillowcases, the response was overwhelming"*.

Presently our region needs around 850 sets of scrubs, 1,800 scrub bags, 400 sets of pyjamas and 200 nighties, so the team will be cutting, stitching and knitting hard for some time to come.



We are hosting a series of public online Q&A events focused on Community Support, Business Support and Children, Young People and Parents.

Business Support - Tuesday 12 May at 7pm.

If you have a question about this topic you can submit it advance by 9am on Tuesday 12 May, and can do so anonymously if you wish.

To register for this event or to ask a question in advance see <https://supportdg.dumgal.gov.uk/article/20851/Chat-with-us-on-Businesses>

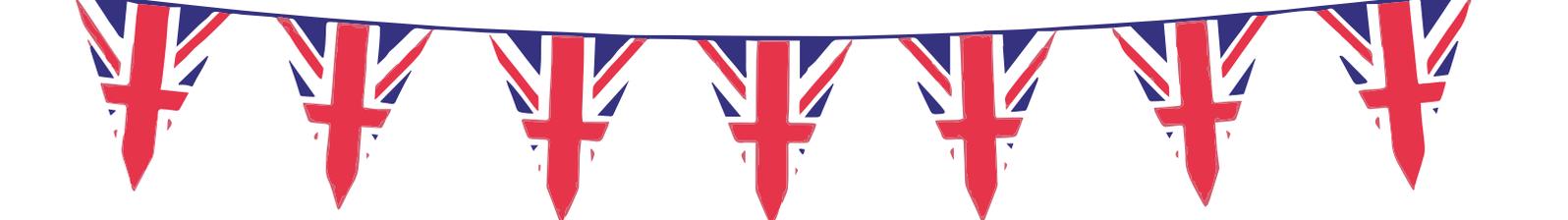
We will also make a video of the event available afterwards for anyone unable to attend live.

Children and Young People - Wednesday 13 May at 7pm. "Learning at Home"

If you have a question you can submit it advance by 9am on Monday 11 May, and can do so anonymously if you wish.

Responses will be pre-recorded and published online on Wednesday 13 May. To submit a question see <https://supportdg.dumgal.gov.uk/article/20849/Chat-with-us-on-Children-Young-People-and-Parents->

Chat With Us...



VE DAY

75TH ANNIVERSARY

Today is the 75th anniversary of Victory in Europe Day.



VE Day, is regarded as one of the grandest celebrations in British history, during which festivities took place in 1945 to mark the end of the Second World War.

VE Day commemorates the formal acceptance of Nazi Germany's unconditional surrender to the allied forces after six years of a war that had cost millions of lives, had destroyed homes, families, towns and cities, and had brought huge suffering to the populations of entire countries. Some fighting continued around the world, with Japan surrendering in August.

On 8 May 1945 crowds of thousands packed the streets of villages, towns and cities across the United Kingdom enjoying street parties, dancing and singing. In London, huge crowds gathered at Trafalgar Square and the Mall leading up to Buckingham Palace, where the King, Queen, Princess Elizabeth and Princess Margaret waved at them from the balcony.

The teenage princesses were even able to join in the festivities, hiding in plain sight as they danced the conga through the Ritz and called

at the gates of Buckingham Palace for the King to appear once more. *"We stood outside and shouted, 'We want the King'... I think it was one of the most memorable nights of my life,"* the future Queen Elizabeth II later recollected.

Right now, we find ourselves in uncertain times, unable to celebrate VE Day the way that we would want to in the form of big organised street parties, and dancing until the wee hours, so things will be a bit different this time around.

A two-minute silence will be held on the day at 11am and a broadcast of Churchill's victory speech will be aired in the afternoon.

On VE Day, the Queen will deliver a special televised address at 9pm, the same time that her father, King George VI, announced Nazi Germany's surrender on the radio. The speech will be aired on the television on BBC One, on the radio and across the royal family's official social media channels.

After the broadcast on BBC One, the public will be invited to take part in a country-wide sing-a-long of Dame Vera Lynn's wartime anthem *"We'll Meet Again"*.

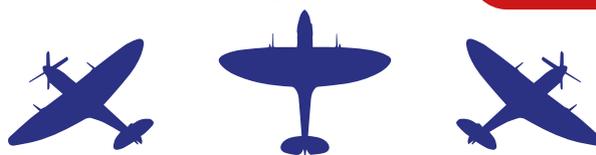
Nation's Toast



Today, at 3pm, from your living rooms, gardens or balconies you are asked to join the whole nation in raising a glass or cup of tea to our nation's heroes of the Second World War.

Stay Safe

Whilst it is incredibly important to acknowledge the 75th anniversary of VE Day and the sacrifices made by so many for this day to come, it is also important that we celebrate safely and responsibly given the times that we are in. Many streets in the country, and indeed in Dumfries and Galloway have organised "safe street parties", where people can participate in their own gardens, practising the social distancing rules of staying two metres apart, whilst enjoying the company of neighbours and celebrating VE Day. Please ensure that if you are attending a celebration on your street that you practice social distancing.



"The way to get started is to quit talking and begin doing."

Walt Disney

Activities Page

VE DAY Word Search

ALLIES GERMANY
CHURCHILL STREET PARTY
EUROPE CELEBRATION
SOLDIERS ELIZABETH
BRITAIN KING
DANCING VICTORY

C K S O Z E N L U N Y S O Q T
Q E B R I T A I N Q R T G P G
G M L R E E G N I K O R P S Z
W E C E U I G A C W T E E L F
U G R R B N D H D Y C E O D C
J R O M I R U L Y M I T B C I
N P N C A R A G O Q V P P P H
E Y N S C N L T P S Q A Z O O
C A U H A R Y M I S F R Q G X
D O I Z G X Q V T O J T A L X
F L I C T L L O I G N Y L T S
L S H T E B A Z I L E X L P T
C J Q U D G G M L I J K I G I
B D P W A Z L O P R H N E S Q
V C Q B B V D T Q O X T S C A



POPPYSCOTLAND VE DAY PLAYLIST

Glen Miller
In the Mood

The Andrews Sisters
Boogie Woogie Bugle Boy
Don't Sit Under The Apple Tree
Chattanooga Choo Choo

Johnny Mercer
G.I. Jive

Vaughan Monroe
When The Lights Go On All Over The World

Spike Jones
Pack Up Your Troubles in Your Old Kit Bag

Vera Lynn
We'll Meet Again

Flanagan and Allen
Run, Rabbir, Run

Gracie Fields
Thing-Ummy-Bob

EASY ICED POPPY BISCUITS

Ingredients

100g unsalted butter, softened at room temperature

100g caster sugar

1 medium free-range egg, lightly beaten

275g plain flour

1 tsp vanilla extract

To decorate

400g icing sugar

3-4 tbsp water

2-3 drops food colouring



Method

- 1 Preheat the oven to 190C/170C Fan/Gas 5. Line a baking tray with greaseproof paper.
- 2 Cream the butter and sugar together in a bowl.
- 3 Beat the egg and vanilla extract, a little at a time, until well combined.
- 4 Stir in the flour until the mixture comes together as a dough.
- 5 Roll the dough out on a lightly floured work surface to a thickness of 1cm/1/2 inch.
- 6 Using biscuit cutters, cut biscuits out of the dough and carefully place onto the baking tray.
- 7 Bake for 8-10 minutes, or until golden-brown. Set aside to harden for 5 minutes, then cool on a wire rack.
- 8 For the icing, sift the icing sugar into a large mixing bowl and stir in enough water to create a smooth mixture. Stir in the food colouring.
- 9 Carefully spread the icing onto the biscuits using a knife and set aside until the icing hardens.



Key Contacts

NHS24	111 www.nhsinform.scot
Emergency	999
Doctor Out of Hours	111
Dumfries and Galloway Council	030 33 33 3000 www.dumgal.gov.uk/SupportDG
Business Support Helpline	01387 260280 Mon-Fri 9am-5pm
Multi Agency Safeguarding Hub	030 33 33 3001
Social Work Out of Hours	01387 273660
Third Sector Dumfries and Galloway	0300 303 8558
Dumfries and Galloway Citizens Advice Service	0300 303 4321 www.dagcas.org
Samaritans	116 123
SHOUT	Text SHOUT to 85258 for free
Domestic Violence Helpline	0808 2000 247
Age Scotland	0800 12 44 222 Mon-Fri 9am-5pm
Shelter Scotland	0808 800 444 Mon-Fri 9am-5pm
LGBT Helpline Scotland	0300 123 2523
Childline	0800 1111



If you have any positive stories about things that are happening in your community and would like to see them featured in Community – please email us at communitybulletin@dumgal.gov.uk and one of our reporters will get back to you.



VE Day drawings by
Lucy (5) and Max (7), and Eilidh



VE DAY
75TH ANNIVERSARY



If you would like some help understanding this or need it in another format please contact 030 33 33 3000



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